



SMOOTH LANDING CHECKLIST (POST-DEPLOYMENT)

MILSPOUSE MONEY MISSION

EDUCATE EMPOWER ELEVATE

1. Review and update your spending plan to reflect changes in pay, financial goals, and any additional adjustments needed.

2. Review your family's estate planning documents. Your estate plan includes your will, powers of attorney, and beneficiaries.

3. Notify creditors or lenders of your Service member's return, if you invoked SCRA to reduce the interest rate on any of your debts.

4. If you took advantage of the Savings Deposit Program, ensure you receive the balance of your account.

5. If your Service member took advantage of any student loan deployment benefits, make sure they notify their loan provider of their return.

6. Review your health care coverage needs for yourself and/or your family.

7. Review your life insurance needs and beneficiaries.

8. Contact your provider and review your auto and property insurance.

9. Determine any tax filing requirements.

10. Remind your Service member to remove any active-duty alerts on their accounts by contacting the credit reporting agencies.

11. Guard and Reserve members should notify their employers of their return and review their rights and responsibilities at [dol.gov/vets/programs/userra](https://www.dol.gov/vets/programs/userra).